

September Moonletter

Still Smiling



**FULL MOON: 9/16/2016
12:23 AM est**

Blue Moon Senior Counseling is active in California, Florida, Illinois, Nevada & Michigan.

Blue Moon's mission is to promote the emotional health and well being of seniors through supportive counseling, education and advocacy. Our Licensed Clinical Social Workers are mobile Medicare providers and offer in-home counseling in private homes and senior living communities.



World Smile Day: 1st Friday in October

Harvey Ball created the smiley face in 1963. In 2001, the World Smile Foundation was created to honor his memory. Our slogan is 'helping people feel better' which means we love their slogan too! "Improving this world, one smile at a time."

[Help One Person Smile Today Click Here :-D](#)

**Who said social workers
don't care about money?**

USC's school of social work endowed gift of \$60 million

Former NASW president Suzanne Dworak-Peck has donated \$60 million to the University of Southern California School of Social Work, where she studied. The school, which is the world's largest and one of its most influential, will be named for Dworak-Peck.



If you too are feeling the donation spirit see below about the Alzheimer's walk!

Respect for the Aged Day: Monday, September 19

Known in Japanese as Keiro no Hi, Respect for the Aged Day honors Japan's elderly citizens. The holiday recognizes the contributions that elderly citizens have made

to Japanese society. During the holiday, Japanese people wish a good future and longevity for Japan's oldest demographic group. Like many other Japanese holidays, Respect for the Aged Day allows people to reunite after months of being away from their families. Respect for the Aged Day is celebrated on the 3rd Monday of September each year.



[Read More About it Here](#)

Resilience Factors in Older Adults

In a recent issue of the journal *Social Work Research*, published by NASW Press, Kristin W. Bolton, PhD, MSW, Regina T. Praetorius, PhD, and Alexa Smith-Osborne, PhD, published their findings from a meta-synthesis of studies on factors that contribute to resiliency in older adults. Studying resiliency adds to the strengths-based perspective in social work, which focuses on a client's strengths instead of pathologies.

[Take a look at these factors Here](#)



Senior Issues Election 2016

As you very well know, there's a pretty big election coming up. While there's a lot being said about the candidates, we know people are interested in the issues. Senior Vote 2016 is a nonpartisan organization that

compiles articles and data on current senior issues impacted in the election.

[Check Out the Website Here](#)

Masterclass Online Classes

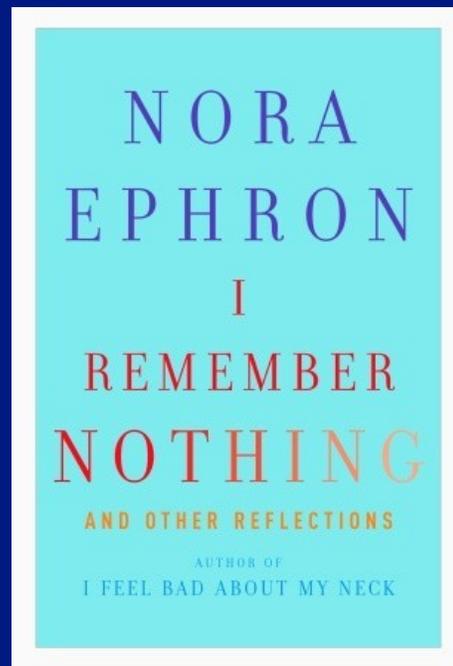
Now this is an amazing site we wanted to share. How about taking an acting class taught by Dustin Hoffman or a writing class by James Patterson. It's never too late to learn something new, by an expert in their field and it's free!!!



Book of the Month: I Remember Nothing by Nora Ephron

Run, scoot or type as fast as you can to purchase this book! It's a timeless book taking a hilarious look at the past, the present, and the future, bemoaning the vicissitudes of modern life, and recalling what hasn't yet been forgotten. You will not be sorry.

[Find it Here on Amazon](#)



Words of comfort,
skillfully administered,
are the oldest therapy
known to man.

Louis Nizer

What's new with Blue Moon?



Happy Anniversary to you!!

Jocelyn Young, LCSW
1 Year



Join Melanie 10/8/16 and 'Do the Walk' in Las Vegas!

"I'm walking for our clients: past, present & future. I'm walking for their spouses, children and

partners. I'm walking for their therapists who stand as guideposts & are willing to get real with them. I'm walking because the "future's uncertain and the end is always near." And I'm walking for those who can't, while I can."

Give if you can... before you forget! Even \$5 or \$10 can go a long way!

[Click Here to Donate](#) to the [Red Rock/Montevista](#) Team and see Melanie's progress

And now for the lighter side:

As I have grown older, I've learned that pleasing everyone is impossible but pissing everyone off is a piece of cake.



someecards
user card

"I asked my mom
the other day
if she could hear
me?"

She said "No."

bountifulgirl
AgingCare.com Caregiver

**I'm not offended by
all the dumb blonde
jokes because I know
I'm not dumb - and I'm
not blonde either.**

- Dolly Parton



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NOT AS HAPPY AS A CLAM



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I'M NOT RIGHT IN THE HEAD.COM

The sick part is,
I kind of like it
when they hit me.



- We accept self, family & professional referrals. People do NOT need a doctor's order.
 - We accept Medicare, Supplemental Insurance, PPO's and private pay.
 - We are a valuable resource for people moving into Senior/Assisted Living Communities to help people adjust and adapt.
- Silver Lining Program: support and guidance for family members struggling to*

manage complicated issues involved with aging loved ones.

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